

# National Nurses Day

## Designated May 7

*Wave 3 May 1984*

In conjunction with National Hospital Week, May 7 has been designated as National Nurses Day.

Nursing first emerged in its present concept a little over 100 years ago against the backdrop of the Crimean War and under the nurturing hand of Florence Nightingale. Since that time nursing has emerged into an honored and honorable profession.

By definition nursing is a profession of service, characterized by incorporation of a nurturing quality in its practice which is to assist patients physically, psychologically, and sociologically.

Today's nurses are educationally prepared and technically skilled to perform a multiplicity of complex treatments ordered by the doctor. Their practice is adjunctive to medical practice but nurses are functioning with autonomy in varying degrees in a number of clinical specialties. Nurses have become an integral part of the health team with responsibility for advising on health matters and coordinating activities of other members of the nursing team. Also fundamental to nursing is helping to reduce stress and in identifying measures to assist the patient in coping with the situation, this being accomplished through teaching, caring, and

supporting.

Nursing ranges in scope from aides to nurse practitioners. It covers many areas of expertise and also offers a considerable contribution to the providing of "wellness care."

Locally nursing is represented by individuals from all socio-economic groups providing care in many areas of nursing practice. It would be difficult to catalog what motivates nurses in their pursuit of this profession but there are some basic qualities shared by each of them. They recognize the tremendous emotional investment that is required in the curative process. They are mindful of the miracles of life and the growth and strength found even in death. They are aware of their fellowman and of the suffering involved in the human condition. They are cognizant of the realities of living and within all this criteria are very aware of the return for that investment. If you were to ask this nurse "Why?", she would say, "Because the love I give is returned hundredfold, my cup being filled to overflowing, completing the circle, repeating the cycle!"

Those special caring people of the Wasatch County Hospital nursing staff will be honored on May 7 by their employer.



## NEWS CAPSULES

### End is on horizon in nurses' strike

MINNEAPOLIS (UPI) — Nurses and representatives for 16 hospitals reached tentative agreements to end the largest nurses' strike in U.S. history, but picket lines will stay in place until the pact is examined by the 6,300 strikers.

The Minnesota Nurses Association and Health Employers Inc., which represents the hospitals, reached the agreement Sunday after settling the issue of job security for senior nurses. Details of the agreement were not released.

The walkout began June 1 when 6,000 registered nurses struck 15 hospitals in the Minneapolis area. The strike spread to a 16th hospital on June 4, when 300 nurses walked out at Mercy Medical Center in suburban Coon Rapids.

### Britain coal strike bodes economy standstill

LONDON (Reuters) — Britain's coal strike, now in its 17th week, could bring growth in the British economy to a virtual standstill by the end of the year, a city of London stockbroking company said Monday.

An analysis by James Capel and Co. predicted that the sterling exchange rate would come under further pressure if the strike continued until the end of the year with backing from road and rail unions.

The analysis said Britain's balance of payments could be \$2.1 billion worse off over a year as exports suffered and imports of oil, coal and steel increased.

It said the government had enough coal stockpiled to enable power stations to operate normally until February.

### Russ chess whiz beats 10 simultaneously

NEW YORK (UPI) — The world's highest-rated chess player, Russian Gary Kasparov, defeated 10 opponents in simultaneous games played via satellite in New York and London.

The world's first satellite chess match was beamed Sunday across the Atlantic Ocean.

It took a little more than four hours for Kasparov, 20, to win the tournament against five junior British players who played at boards in London and five junior American players in New York City.